



**ANCHE SPA**



### **FOGGY DAY, FORREST SCENT, NATURE POOR**

A raw haze rising above  
the mountain forest  
starts to calm your body.

Your mind and soul  
are falling in to a world of relaxation.

Inhale and enter, it is your time.

**WARM WELCOME  
TO ANCHE SPA**

### **INFORMATION TO BOOK YOUR TREATMENT**

We recommend booking your treatment as soon as possible to guarantee availability. If you are a hotel guest, please use the bathrobe and slippers from your room. If you are not staying with us, we will be happy to provide both on arrival. We kindly ask our guest to arrive 10 minutes prior to their massage. Feel free to warm up in our sauna before your massage.

### **CHILDREN IN SPA**

To ensure undisturbed relaxation, children under 12 years old are allowed to visit Spa until 6 pm.

### **CANCELLATION POLICY**

You can cancel your reservation free of charge up to 6 hours before your booking. In case of later cancellation, a cancellation fee of 100% of the total booking price will apply.

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Tel.: +420 487 919 300  
E-mail: [reception@hotelsoyka.cz](mailto:reception@hotelsoyka.cz)



## SAUNA, STEAM BATH & RELAXATION ZONE

Relax in our Finnish sauna, steam bath and relaxation area, which are free for hotel guests. Enjoy moments of peace and relaxation with a cup of delicious tea.

### PRIVATE WHIRLPOOL

The whirlpool can only be booked for private use. Enjoy your relaxing experience in a private Spa or combined it with one of our exclusive massages.

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45 min. | 1.150 CZK  
| 1.850 CZK with a bottle of Prosecco  
90 min. | 1.950 CZK  
| 2.650 CZK with a bottle of Prosecco



### BIO KOSMETIKA MCELY BOUQUET

For our massages we have chosen purely natural organic cosmetics Mcely BOUQUET, hand-mixed in the Chateau Mcely laboratory. It is produced in small batches using the freshest ingredients without any chemical additives. Mcely BOUQUET cosmetics will rejuvenate the body, calm the mind and uplift the spirit.





# FULL BODY AROMATHERAPY MASSAGE

## MOUNTAINS OF LOVE

Gentle relaxing massage

A massage that evokes a feeling of well-being and love. The nourishing Mountains of Love oil used in this therapy contains aphrodisiacal ylang ylang, coriander and pine to relieve muscle pain and regenerate the skin. The massage harmonizes the body and soul and induces a feeling of lightness and freshness.

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60 min. | 2.150 CZK  
90 min. | 2.950 CZK


## PINE & LIME

Refreshing massage with medium pressure

A massage that relaxes restless minds and promotes overall detoxification with nourishing Pine & Lime herbal oil with citrus and lavender. Smooth strokes with medium pressure help relieve stress and tension, while the oil's natural essences refresh the senses and uplift deep relaxation.

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60 min. | 2.350 CZK  
90 min. | 3.150 CZK



# FULL BODY AROMATHERAPY MASSAGE

## JUNIPER TONIC

Strong deep massage

A massage to relieve muscle tension after hiking or skiing. The scent of Juniper Tonic oil was inspired by the Borovička spirit, which has a similar „healing wherever it flows“ effect. In addition, this massage oil contains juniper to relax tense muscles, pine for better breathing, antioxidant sage and antidepressant lemongrass.

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60 min. | 2.850 CZK

90 min. | 3.650 CZK

## MELISSA BALM

Gentle relaxing massage

Aromatherapy massage with rich lemon balm thoroughly treats stressed dry skin and brings great relief to the nervous system. The massage stimulates blood circulation, promotes detoxification and deep relaxation of the whole body. After the treatment, the skin is soft, nourished and pleasantly scented with a soothing herbal fragrance that harmonizes the mind.

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60 min. | 2.350 CZK

90 min. | 3.150 CZK



## BACK MASSAGE

### YARROW BACK RELIEF

Strong deep massage

Back massage aims at deep relaxation of stiff neck and back muscles. It relieves headaches and cervical spine pain. The massage is an ideal complement after sports activities or sedentary work. Strengthening yarrow oil will relieve the body of fatigue and replenish lost energy.

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60 min. | 2.850 CZK

## MASSAGE AGAINST CELLULITE

### SKINNY INNY

Shaping & slimming massage

The massage begins with cleansing the skin and stimulating microcirculation with a dry brush, followed by a massage with Skinny Inny anti-cellulite oil with coffee CO2 extract, frankincense and a powerful cocktail of other anti-cellulite essential oils.

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90 min. | 3.550 CZK



**Hotel Soyka** | Harrachova 52 | Špindlerův Mlýn  
reception@hotelsoyka.cz | +420 487 919 300  
www.hotelsoyka.cz | www.astenhoteles.com



HOTEL   
soyka

**ASTEN HOTELS**  
excellence and care